



THE EPISTEME

BCM ARYA INTERNATIONAL SCHOOL SHASTRI NAGAR, LUDHIANA



ACADEMIC EXCELLENCE IN 2024–25

- BCM Arya International proudly celebrates outstanding success in the Cambridge IGCSE, AS, and A Level Examinations for 2024–25. The achievements reflect students' dedication and faculty support.

IGCSE Achievements:

- A remarkable total of 16 A and 34 A grades* were secured by our brilliant learners, showcasing academic excellence and dedication.

Top achievers include Dishti Gupta(4A*, 2A), Jaiprabh Kaur Lotey(2A*, 3A), Mayra Sharma(2A*, 1A), Jayant Kumar Bhojak(2A*), Shree Sharma(1A*, 2A), Tavleen Kaur(5A), Surleen Kaur(4A) who brought laurels to the school with their outstanding performance.



AS Level Results:

- Our AS Level students brought pride to the institution with 10 A grades in total.

Gravleen Kaur led the batch with an impressive 4 a grades, followed closely by achievers like Tanvi Mahajan(3a), Jaizleen Suhavi Singh Bhui(2a), and Manan Sharma(1a), who showcased exceptional academic commitment and consistency.

A Level Distinctions:

- 5 A*, 13 A, and 1 a grade
- Toppers: Mansimar Kaur(2A*, 1A, 1a), Arshiya Goyal(1 A*, 1 A), Tushita Chopra(1 A*, 1A), Srishti(1 A*, 1A), Tanveen Kaur(4A), Ishmeet Kaur(3A), Sahibpreet Singh(2A)



Editor's Note

Dear Learners,

Values are the compass of a meaningful life. More than rules, they shape our choices, define who we are, and guide how we treat others. As young innovators and dreamers, practice values like collaboration, respect, and courage—even when it's difficult.

In society, values drive progress and bring unity. Let's root every action in integrity and purpose to create a lasting impact.

Ms. Pooja Sharma
Editor

FAMILY DAY

BCM Arya International School celebrated Family Day –

LA FAMILLE with Pre EY and EY-1 students on 24th May 2025, transforming the day into a heartwarming gathering of laughter, love, and togetherness.

Families joined the children, creating cherished memories and meaningful connections. The event began with the ceremonial lamp lighting by Chief Guest Mrs. Anju Jain, alongside dignitaries who added grace to the occasion. School President Sh. Rakesh Jain and Principal Dr. Jasneev Seth praised the spirit of unity, recognizing parents and staff for making the celebration unforgettable.

This joyful experience highlighted the enduring strength and warmth of family in shaping young lives.



EY-NICHE

Our EY Wing brought Baisakhi to life with spirited celebration and cultural pride. Children dressed in colorful Punjabi attire danced joyfully to the rhythm of the dhol, filling the corridors with festive energy. A standout feature, the **Culture Corner**, offered hands-on exploration of wheat's journey from seed to harvest — connecting students to the festival's agrarian roots. This immersive experience nurtured pride in India's rich heritage, blending tradition with joyful learning. Principal Dr. Jasneev Seth expressed heartfelt thanks to the devoted teachers and supportive parents who made the day memorable.



“Every new chapter in life is a chance to rewrite your story.”
Commencement of the Academic Session 2025–26



The School began its new academic session with a serene Havan ceremony, invoking positivity and blessings for the year ahead. The event welcomed School President Sh. Rakesh Jain ji, Director Dr. Paramjit Kaur, Principal Dr. Jasneev Seth, management, staff, students, and parents — symbolizing unity and shared aspirations. In her address, Dr. Seth expressed heartfelt gratitude for the community's support, marking a harmonious and meaningful start to the session.



NATURE IS
OUR
GREATEST
TREASURE

LET'S CHERISH
AND PROTECT IT!

"The Earth doesn't belong to us, we belong to the Earth."



OUR POWER, OUR
PLANET!



The day showcased sustainability through an Upcycling Challenge and various planting activities. From creative re-use projects by Stage 7 to AS Level students, to hands-on gardening by Early Years learners, the event embraced the 6 R's and inspired eco-awareness throughout the school.





HERITAGE DAY

Echoes of Heritage: A Celebration of Culture



On April 18th, We celebrated India's rich cultural diversity with a vibrant ramp walk of traditional attire, a spirited rally promoting heritage awareness, and a showcase of regional cuisines. Energetic dance performances added rhythm to the day, making it a joyful blend of learning and tradition.

SCINTILLATING PERFORMANCE

BCM ARYA INTERNATIONAL HONOURED WITH TOP 50 SDG SCHOOL AWARD



On June 29th in New Delhi, BCM Arya International School received the prestigious Top 50 SDG School Award at the Education Leadership Conclave, applauding its dedication to UN Sustainable Development Goals and nurturing future-ready global citizens.

CELEBRATING STAR SCHOLAR



We proudly celebrates the outstanding achievements of Manan Sharma, a Class 12 (A-Level) student, who has excelled in prestigious global competitions including the NASA Space Apps Challenge 2024, American Math Olympiad, IC-SOBD-24, and the Conrad Challenge 2024-25.

Manan was the only one from India to reach the top 25 in the Conrad Challenge 2025 finals, hosted by Equinor, marking a proud moment for both the school and the nation.

TRIP TO MANALI

Adventure Learning in the Lap of Nature

Manali Adventure Boosts Life Skills & Joy From June 6-10, BCM Arya International School led a spirited 5-day Adventure and Life Skills Camp to Manali for students from Stage 6 to A Level, in collaboration with Mapple Adventure. Amidst treks, rappelling, bonfires, and starry nights, students explored scenic spots like Solang Valley and Sissu, building resilience, teamwork, and respect for nature—while creating unforgettable memories.



Sporting Powess

BCM Arya International School Shines in Sports Arena



Our school continues to uphold its legacy of excellence not just in academics but also on the sports field. The academic year 2024–25 witnessed several students achieving remarkable milestones in various state, national, and open-level championships, making the school immensely proud.

Young prodigy Heenal Jain of Class 3 brought home multiple laurels in skating. She secured the 1st position in the Open State Championship (U-9) and the 20th Inter-School Skating Championship, both held in April 2025. She also participated in the Open National Championship held in Mohali. Additionally, she clinched the 1st position in the 3rd Motivational Roller Skating State Level Event (U-10).

In chess, Reet Garcha of Class 9 proved his mettle by securing 1st position at both the Open State Level Chess Championship (U-14) and the VCA Tournament (Open category). She also earned 1st position at the ODGCA Chess Tournament (U-15) held in Hyderabad on 21st June 2025.

Aarav Arora (Class 4) and Kanish Gupta (Class 5) made their mark in Karate. Aarav earned the 3rd position in the Punjab State Karate Championship and 2nd position in another state-level competition held in Sahnewal. Kanish, on the other hand, clinched 1st position in the Punjab State Karate Championship (U-10) and 3rd position in the 6th National Muay Thai Championship in Rohtak.

From A-Level, Kamran Khan and Bhavya Rawal participated in the Punjab State Karate Championship (U-19) held at Mount International School, Sahnewal, securing 3rd position each in their respective categories.

A special mention goes to Gitansh Gupta (LKG), the youngest achiever, who bagged 1st position in the LKG Speed Skating Championship (U-5) held at Leisure Valley Park, Ludhiana, on 4th May 2025. Samarveer Singh Jaggi also secured 3rd position in the UKG Karate State Level Championship.

These shining stars have brought immense pride and joy to the BCM Arya family. The school congratulates all the winners and participants for their dedication, sportsmanship, and exceptional performances. Their achievements are a testament to the school's emphasis on holistic development and nurturing talent in every field.



WORKSHOPS/WEBINARS

- Maintaining quality in Education and Assessment conducted by Ms. Anttumma Pandit on 9 th April 2025
- Building strong foundation conducted by Ms. Arpita Mukherjee on 16 th April 2025
- Froebel's Impact on global curriculum conducted by Dr. Kathrin Misera on 21 st April 2025.
- Education re imagined conducted by Mr. Ayush Perwa on 25 th April 2025.
- Recognition 101 webinar series.
- Parent Orientation Webinar on 2 nd May 2025
- Why are International Schools in India adopting Baseline Assessments in middle year conducted by Ms. Arpita Mukerjee on 5 th May 2025
- Career Exploration on 7 th May ; 14 th May 2025
- Move & groove with Rhythmus -Happy Feet conducted by Ms. Swara Patel on 10th May 2025
- Wiggle,Jump & play Day conducted by Ms. Neelakshi Khurana on 16th May 2025
- 4 AI tools for teachers conducted by Ms. Kavindya Thennahoon on 17th May 2025
- Reading comes Alive through yoga conducted by Ms. Jaya Dharamdasani on 19th May 2025.
- Positive Discipline in classrooms conducted by 24th May 2025.
- Recognition 101 webinar series will be attended by Principal, Academic Supervisor & HOD's.
- Eco Echoes! Voices for a greener tomorrow conducted by Vandana Arora on 5th June 2025.
- Cambridge New Schools Orientation Programme on 12 & 13 June 2025
- Unlocking the power of Phonics conducted by Dr. Tripti Singh on 30th June 2025



SCHOOL STAFF

- Ms. Hema Khanna attended a workshop in Rishihood University, Sonapat from 28th April to 3rd May 2025.
- Recognition 101 webinar series attended by Academic Supervisor & HOD's.
- Webinar on **Concept to Creation** Implementing Hands -On stem in the class room attended by all HOD's and PGT teachers on 21st May 2025
- Webinar on a self study course designed for schools making the transition from their current qualifications and local curricula to a globally recognised International Curriculum and Qualifications attended by Ms. Isha sharma and Ms. Taniskha on 22nd May 2025 .
- **In-House Workshop attended by all teachers:**
 - Session by Ms. Himani Gulati on 2nd June 2025.
 - Session by Gungeet Kaur from LPU University Jalandhar on 3rd June 2025.
 - Session by Capt. Sayal on 3rd June 2025.
 - Session by Dr. Kritika, Ms. Yukta, on 4th June 2025
 - Session on Mindfulness by Ms. Palkin & Ms. Nagmeet on 5th June 2025.
 - Teaching Science for a Sustainable Future: Linking SDGs (Sustainable Development Goals) to the Classroom conducted by Sai Chandana attended by all Science teachers on 1st June 2025 & 18th June 2025.
 - Certified ChatGPT & AI Hacks in MS Office Workshop conducted by Jatan Shah attended by Ms. Harmeet on 12th June 2025.
 - Teaching English as a foreign language (TEFL) completed by Ms. Prachi on June 23, 2025.
 - Why early years matter: insight from research conducted by Annie Vincent attended by Ms. Hema Khanna & EY teachers on 17th June 2025.
 - Webinar on Advance AI course on 26th June 2025; teaching and learning course on 27th June 2025 attended by Ms. Amritpal & Ms. Maina.
 - Global Citizenship Education: Empowering Students for a Sustainable Future Join and Explore Confirmation by Burlington attended by Ms. Monika Kapoor on 28th June 2025.
 - Empowering Every Learner: Strategies for Mixed -Ability & Differentiated English Classroom attended by all English Teachers on 30th June 2025.

STUDENTS' ALCOVE

A GRATEFUL HEART

When morning breaks with golden rays,
I lift my voice in thankful praise.
For every breath, for every day,
Dear God, I bow my head and pray.

You paint the skies in shades so bright,
You fill my soul with silent light.
In every leaf, in every tree,
I feel Your love surrounding me.

You guide me when I lose my way,
You give me strength to face the day.
When storms arrive and shadows stay,
You light the dark and clear the gray.

Each moment, Lord, you help me grow,
Like rivers help the flowers flow.
You teach me grace, you teach me peace,
And in Your care, my fears all cease.

I thank You not for gold or fame,
But for the power in Your name.
For kindness, love, and dreams that soar
For every blessing, small or more.

So here I stand with heart so true,
And all I am, I owe to You.
Forever grateful, Lord above,
For faith, for hope, for endless love.

Simone

Sauvons les arbres
Les arbres sont nos bons amis,
Ils nous donnent l'ombre et la vie.
Ils purifient l'air que l'on respire,
Et font les oiseaux chanter et rire.
Ne coupe pas cet arbre joli,
Plante un arbre, il grandit, il vit.
Avec les arbres, la Terre sourit,
Sauvons-les, jour et nuit !

Prabhnaaz Kaur

STUDENTS' ALCOVE

ਕਵਿਤਾ – “ਇਹ ਕੁਦਰਤ ਤੇਰੇ ਤੋਂ ਚੰਗੀ”

“ ਮੈਂ ਸੋਚਦਾ ਰਿਹਾ ਕਿੰਨਾ ਰੁਲ ਗਏ ਸਾਰੇ, ਮੀਂਹ ,ਹਨੇਰੀ ਨਾ ਝੱਖੜ
ਕੋਈ,
ਫਿਰ ਕਿੰਨਾ ਰੁੜ ਗਏ ਸਾਰੇ.... ਰੇਤ ਦਾ ਘਰ ਬਣਾ ਕੇ ਮੈਂ,
ਹਵਾਵਾਂ ਨਾਲ ਯਰਾਨੇ ਕੀਤੇ, ਕੁਝ ਸਾਹ ਉਧਾਰੇ ਲੈ ਕੇ ਮੈਂ, ਜਿਉਣ ਜੋਗੇ
ਬਹਾਨੇ ਕੀਤੇ”।

ਜਦ ਸੂਰਜ ਨੂੰ ਮੇਰਾ ਪਤਾ ਲੱਗਾ, ਰੌਸ਼ਨੀ ਦਾ ਤੋਹਫਾ ਲੈ ਕੇ ਆਇਆ,
ਜਾਇਓ ਜਰੂਰ ਗਮਗੀਨ ਕੋਲੇ, ਚੰਦ ਤਾਰਿਆਂ ਨੂੰ ਕਹਿ ਕੇ ਆਇਆ।

ਨਦੀਆਂ ਨੇ ਫਿਰ ਤੈਅ ਕੀਤਾ ਆਬਸ਼ਾਹ ਨੂੰ ਨਾਲ ਹੀ ਲੈ ਕੇ ਜਾਣਾ ,
ਕਾਹਨੂੰ ਡੱਕਾ ਤੋੜੀਏ ਆਪਾਂ ,ਕਸ਼ਤੀ ਉੱਪਰ ਬਹਿ ਕੇ ਜਾਣਾ।

ਮੇਰੀ ਚੁੱਪ ਦਾ ਐਲਾਨ ਜੰਗਲਾਂ ਵਿੱਚ ਹੋਇਆ, ਪੱਤਾ- ਪੱਤਾ ਲੈਣ ਮੇਰਾ
ਹਾਲ ਸੀ ਆਇਆ ,
ਕੱਲਾ ਵੀ ਨਹੀਂ ਆਇਆ ਕੋਈ, ਪਰਿਵਾਰ ਨੂੰ ਲੈ ਕੇ ਨਾਲ ਸੀ
ਆਇਆ ।

ਮੈਂ ਹੱਥ ਜੋੜੇ ਮੇਰੇ ਤੋਂ ਗਲਤੀ ਹੋ ਗਈ , ਸੋਚਿਆ ਕਿਉਂ ਮੈਂ ਇਕੱਲਾ
ਵਸਦਾ,
ਇਹ ਕੁਦਰਤ ਮੇਰੇ ਨਾਲ ਰੋਵੇ ,ਇਹ ਜਹਾਨ ਮੇਰੇ ਨਾਲ ਹੱਸਦਾ।

ਇਹਨਾ ਬੇਜੁਬਾਨਾਂ ਵਿੱਚ ਪਿਆਰ ਰਹਿੰਦਾ ,ਪਿਆਰ ਕਰਨਾ ਇਹਨਾਂ
ਸਿਖਾਇਆ,
ਕੁਦਰਤ ਖੁਦ ਖੁਦਾ ਦੀ ਮੈਨੂੰ ਅਨੋਖਾ ਰੰਗ ਦਿਖਾਇਆ।
ਮੈਂ ਰੁਸ ਬੈਠਾ ਸੀ ਸਭ ਕੋਲੋਂ ਇਹਨਾਂ ਆ ਕੇ ਮੈਨੂੰ ਮਨਾਇਆ,
ਇਹ ਕੁਦਰਤ ਤੇਰੇ ਤੋਂ ਚੰਗੀ.....
ਪਰਦਾ ਪਿਆ ਮੇਰੀ ਮਤ ਤੇ ਸੀ ,ਉਹ ਪਰਦਾ ਇਨ੍ਹਾਂ ਉਠਾਇਆ,
ਇਹ ਕੁਦਰਤ ਤੇਰੇ ਤੋਂ ਚੰਗੀ....
ਧੰਨਵਾਦ

ਵਿਆਨ ਗੁਪਤਾ (ਜਮਾਤ ਸੱਤਵੀਂ)

ਕਵਿਤਾ(ਨਿਝਕਾਮਤਾ ਦੀ ਰਾਹ)

ਕਰਮ ਕਰੋ ਨ ਫਲ ਦੀ ਚਾਹ ਮੈਂ,
ਮਨ ਨ ਡੁੱਬੇ ਅਭਿਮਾਨ ਮੈਂ।
ਸੇਵਾ ਕਰ ਲੋ ਪ੍ਰੇਮ ਭਾਵ ਸੇ,
ਜੈਸੇ ਪ੍ਰਭੂ ਹੋਂ ਉਸ ਕਾਮ ਮੈਂ।

ਨ ਦੇਖੇ ਕੋ ਸਵਾਰਥ ਕਬੀ,
ਨ ਮਾਂਗੇ ਕੋਈ ਭੁਨਾਮ।
ਹਰ ਹਾਲ ਮੈਂ ਸਚਾ ਰਹੇ,
ਹੋ ਜੀਵਨ ਉਸਕਾ ਪਵਿਤ੍ਰ ਧਾਮ।

ਨਿਝਕਾਮ ਭਾਵ ਜੋ ਅਪਨਾਏ,
ਕੋ ਹੀ ਹੋਤਾ ਸਚਾ ਜ਼ਾਨੀ।
ਹਰ ਕਰਮ ਮੈਂ ਈਸ਼ਵਰ ਦੇਖੇ,
ਉਸਕੀ ਰਾਹ ਬਨੇ ਕਹਾਨੀ।

ਜੋ ਦੇਤਾ ਹੈ ਐਸੇ ਭੂਲ ਜਾਤਾ,
ਕੋ ਜੀਵਨ ਕੋ ਪਾਵਨ ਕਰਤਾ।
ਨ ਨਾਮ, ਨ ਧਰਮ ਦੀ ਮਾਧਾ ਮੈਂ,
ਕੋ ਕੇਵਲ ਕਰਤਵਿਯ ਮੈਂ ਰਮਤਾ।

ਜਿਸਕੇ ਮਨ ਮੈਂ ਬੈਰ ਨ ਹੋ,
ਨ ਹੋ ਕਿਸੀ ਸੇ ਆਸ਼ਾ।
ਕਹੀ ਬਨੇ ਸਚਾ ਸਾਧਕ,
ਜਿਸਨੇ ਪਾਧਾ ਆਤਮ ਪ੍ਰਕਾਸ਼ਾ।

ਫਲ ਦੀ ਚਿੰਤਾ ਛੋਡ ਕੇ ਜੋ,
ਬਸ ਕਰਤਾ ਜਾਏ ਅਪਨਾ ਕਰਮ।
ਕੋ ਬਨਤਾ ਹੈ ਦੀਪ ਅੰਧੇਰੇ ਮੈਂ,
ਜਗ ਮੈਂ ਫੈਲਾਏ ਸੁਖ ਧਰਮ।

ਨਿਸ਼ਕਾਮ ਪ੍ਰੇਮ ਕਾ ਦੀਪ ਜਲਾਓ,
ਮਮਤਾ ਦੀ ਗੰਗਾ ਬਹਾਓ।
ਹਰ ਬਿਨ ਬੋਲੇ ਆਸ਼ੀਸ਼ ਮਿਲੇ,
ਏਸੀ ਸੇਵਾ ਅਪਨਾਓ।

ਜਬ ਮਨ ਸ਼ਾਂਤ, ਹ੍ਰਦਯ ਹੋ ਨਿਰਮਲ,
ਤਬੀ ਦਿਖੇ ਸਚੀ ਮੰਜ਼ਿਲ।
ਜੋ ਨ ਸੋਚੇ ਸਿਫ਼ ਅਪਨੇ ਲਿਏ,
ਕਹੀ ਕਹਾਏ ਸਫਲ ਜੀਵਨ।

ਚਲੋ ਚਲੋਂ ਉਸ ਰਾਹ ਪਰ,
ਜਹੌਂ ਨ ਹੋ ਮੋਹ ਕਾ ਬੰਧਨ।
ਹਰ ਕਦਮ ਮੈਂ ਸੇਵਾ ਹੋ,
ਹਰ ਸਾੱਸ ਮੈਂ ਹੋ ਚੰਦਨ।

ਗੀਤ ਧਰੀ ਹਮ ਸਭ ਗਾਏਂ,
ਨਿਝਕਾਮ ਭਾਵ ਕੋ ਅਪਨਾਏਂ।
ਹਰ ਦਿਲ ਮੈਂ ਦੀਪ ਜਲੇ ਏਸਾ,
ਦੂਸਰੋਂ ਕਾ ਦੁ:ਖ ਮਿਟਾਏਂ।

ਤੇਜੇਸ਼ਵਰ

PRIDE OF BCM ARYA

Celebrating the hard work, dedication, and success of our achievers.

A LEVEL



MANSIMAR KAUR
2A*1A1a



ARSHIYA GOYAL
1A*1A



TUSHITA CHOPRA
1A*1A



SRISHTI
1A*1A



TANVEEN KAUR
4A



ISHMEET KAUR
3A



SAHIBPREET SINGH
2A

AS LEVEL



GRAVLEEN KAUR
4a



TANVI MAHAJAN
3a



JAIZLEEN SUHAVI SINGH BHUI
2a



MANAN SHARMA
1a

IGCSE



DISHTI GUPTA
4A*2A



JAIPRABH KAUR LOTEY
2A*3A



MAYRA SHARMA
2A*1A



JAYANT KUMAR BHOJAK
2A*



SHREE SHARMA
1A*2A



TAVLEEN KAUR
5A



SURLEEN KAUR
4A